



Journal of Space Philosophy

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Kepler Space University, Inc.,
3639 Cortez Road West,
Suite 218,
Bradenton, FL,
34210,
United States.

info@ksiedu.org

+1 (941) 932-4447

Editor-in-Chief

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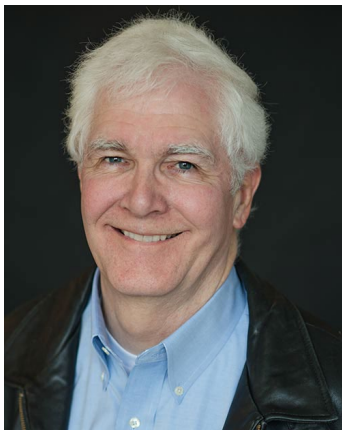
Annahita Nezami



Annahita is a graduate of City, University of London, where she studied for a doctoral degree in psychology. She is a counselling psychologist offering consultation, assessment, and therapy to individuals, couples, and organisations, a professor at Kepler Space University, and an early-mid career researcher with many years of experience in applied psychology. Her professional interests include space health, the salutogenic benefits of space flight, the psychological impact of our species becoming a multiplanetary species, the psychosomatic impact of stress and trauma, digital therapeutics, peak performance, altered states of consciousness, and neuropsychology. Annahita has applied research experience in forensic psychology and applied psychology, and she has successfully

instigated and devised research studies on the salutogenic benefits of the Overview Effect in virtual reality setups with City, University of London, Stirling and Goldsmiths Universities, and the University of Amsterdam. She regularly presents her work at various conferences both nationally and internationally, and she has been invited to talk as a guest lecturer at Birkbeck, University of London, the International Space University, and Deakin University. She has shared her ideas about the Overview Effect and mental health on BBC Radio 4, the Weekend University, at Central St Martin's, and at TEDx London. She is also an elected fellow and active member of the Royal Society for the Encouragement of Arts, Manufactures and Commerce (RSA) and serves as an advisor to multiple organisations including the Human Space Program.

Frank White



Frank White has authored or coauthored numerous books on topics ranging from space exploration to climate change to artificial intelligence. His best-known work, *The Overview Effect: Space Exploration and Human Evolution*, is considered by many to be a seminal work in the field of space exploration. A film called *Overview*, based largely on his work, has had nearly 8 million plays on Vimeo. Since the first edition of his book on the subject was published in 1987, the Overview Effect has become a standard term for describing the spaceflight experience. The fourth edition of *The Overview Effect*, including original interviews with 31 astronauts, was published in 2021.

White considers himself to be a space philosopher, and he has long advocated developing a new philosophy of space exploration. His book on this topic, *The Cosma Hypothesis*:

Implications of the Overview Effect, was published in 2019. In it, he asks the fundamental question, "What is the purpose of human space exploration? Why has the evolutionary process brought humanity to the brink of becoming a spacefaring species?" In the book, he shares the idea of "the Human Space Program" as a "central project" that will engage all of us in the process of becoming "Citizens of the Universe."

Frank and his wife Donna live outside Boston, Massachusetts.

Steven Wolfe



Steven Wolfe is Beyond Earth Institute President and Co-Founder. He is also the Global Spaceport Alliance's Deputy Executive Director and a CWSP International partner. He is on the Board of the Global Entrepreneurship Network—Space. Steve served in Washington as the executive director of the Congressional Space Caucus and drafted the Space Settlement Act of 1988. The bill was signed into law as part of the NASA Authorization bill. Steve is the author of *The Obligation: A Journey to Discover Human Purpose on Earth and in the Cosmos*.